



Munch Lunch Menu

Spring/Summer 2022



The Marylebone Project

The Marylebone Project is a Registered Social Landlord set up through a partnership between Church Army and the Portman House Trust. We provide 112 long and short term beds to homeless women. Whatever their story, we aim for the same ending; self-esteem, employment and independent living. We do this by providing shelter, emotional support, education opportunities, spiritual space, and events in a welcoming and secure environment.

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At Made in Marylebone we run two social enterprises, Munch in Marylebone and Space in Marylebone. Our mission is to run sustainable businesses which equip the women at the Marylebone Project with the skills and training needed to gain employment, as well as to support the overall aims of the Marylebone Project.

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Munch in Marylebone is our catering business, providing delicious homemade food for lunches and events. Our food is freshly prepared by our professional chef and a team of women from the project.

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Some of the dishes on our menu are recipes that the women have shared with us, and have come from all over the world.

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Space provides three meeting rooms in the heart of London. Our rooms are versatile and can host any kind of meeting or event for up to 50 people.



Munch Lunch

MUNCH IN MARYLEBONE



Sandwiches

Meat/Fish

Berbere Spiced Chicken Pitta
cucumber slaw, mayo
Gluten (wheat), egg, mustard, sulphites

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Pastrami & Mustard Sandwich
roast red pepper, gherkin
Gluten (wheat, rye, barley), soya, mustard

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Roast Beef & Blue Cheese Cream Roll
spinach, cream cheese
*Gluten (wheat), milk, *May contain: sesame*

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Flaked Salmon Open Sandwich
avocado salsa
*Gluten (wheat), fish, milk, *May contain: crustaceans, mustard, sesame*

Vegetarian

Quorn Spinach & Red Pepper Slice Roll (V)
tomato aubergine relish
*Gluten (wheat), milk, egg, sulphites, *May contain: sesame*

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Brie and Tomato Open Sandwich (V)
caramelised onion, basil oil
*Gluten (wheat), milk, *May contain: sesame*

Vegan

Chickpea Crunch Sandwich (VG)
sweetcorn, peppers, carrot, onion, spinach
Gluten (wheat, rye, barley), soya

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BBQ Jerk Cauliflower Pitta (VG)
peppers, onion, mixed beans
Gluten (wheat)

Allergens can be subject to change if ingredients not available
(V) - Vegetarian, (VG) - Vegan



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MUNCH IN MARYLEBONE



Salads

Leafy Green (V)

avocado, cucumber, broad beans, courgette
Lemon Mint Honey Dressing
Gluten (wheat) soya, sulphites

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Blue Cheese & Roast Vegetables (V)

Balsamic Dressing
milk, sulphites

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Thai Spiced Tofu (VG)

carrot, cabbage, Charred spring onion
sweet chilli dressing

*Gluten (wheat), celery, mustard, soya, *May contain: nuts, peanuts, sesame*

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Herby Pesto Potatoes (VG)

black olives, grilled tenderstem broccoli, tomatoes
no allergens

Dessert

Chocolate Brownie (V)

*Gluten (wheat), egg, milk, soya * May contain: sesame, peanuts other nuts*

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Strawberry Lemon Polenta Cake (V)

*egg, milk, nuts (almonds), * May contain: Gluten (wheat), peanuts*

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Apricot & Coconut Cake (VG)

Gluten (wheat), sulphites

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Fruit Platter (VG)

Prices

Lunch Buffet Option A:

Please select 2 sandwich choices and 1 salad choice for your buffet
£10.95 per person + VAT

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Lunch Buffet Option B:

Please select 3 sandwich choices and 2 salad choices for your buffet
£12.95 per person + VAT

Please note, our lunches are served buffet style, we cannot cater for individual orders.

Fancy adding a little something extra?

Extra salad or sandwich option: £2.50 per person + VAT
Dessert option (excl. Fruit Platter): £2.50 per person + VAT
Fruit platter: £35.00 per platter + VAT - for up to 20 people.

Soft drinks: Please enquire about prices.
Due to the nature of the Marylebone Project, we are unable to provide alcoholic beverages.

Thank you!

By ordering from us, you are supporting the Marylebone Project, a charity that empowers homeless women towards independent living

Allergies

Please let us know of any allergies or dietary requirements when you place your order. Please note all our food is prepared in one kitchen, therefore food may contain traces of allergens.

Order change

Orders can be changed up to 5 working days prior to the event. After this period, every endeavour will be made to accommodate requests, but may also be subject to price changes.

Cancellation policy

If a cancellation is made within 5 working days of the booking, the full amount will be charged.

Delivery

We can deliver our food anywhere in London zones 1 and 2. Delivery is charged based on location and size of order, please contact us for a quote.

Contact

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